Foster Village Caregiver Support THERAPEUTIC SUPPORT



Foster Village's TBRI® Practitioners and Child Development Experts are available to your family to help with bonding, transitions, and behavior concerns. Our primary focus is connection, a fundamental principle in healthy relationships, and our program addresses the needs of the entire family, not

Caregiver Suppor

just specific individuals. Although trauma-related concerns are similar, every family needs a unique plan to help them navigate their journey, so we provide individualized services and walk alongside you toward happier, more fulfilling relationships.

Therapeutic Support, a part of our <u>Caregiver Support program</u>, has different levels of support to provide the best option for you. Not everyone needs both, so we will find the right starting point together.

CONNECT

Our Connect Support consists of immediate intervention and troubleshooting. This is best for families experiencing one-off situations who want real-time practices they can implement quickly.

Talk over the phone, virtually, and/or in person with us as often as you like to learn more about traumainformed ways to connect with your child(ren), especially during discipline. We listen, problem-solve, redirect, and affirm to help you implement practices effectively. We work with only one caregiver or both caregivers depending on your preferences and needs. We also connect with additional service providers for holistic support.

- One consultation (up to two hours) over the phone, virtually, and/or in person (an in-person consultation for Austin and surrounding areas only)
- Follow-up conversations on the phone, virtually, and/or in person as often as needed
- Connections to additional service providers and resources

GROW

Our Grow Support consists of wraparound services for an amount of time determined by you and our team. This is best for families looking to learn more about trauma-informed strategies to build long-lasting connections with their child(ren) and interested in not only addressing individual challenging behaviors, but working together as a family to heal from trauma.

During the course of up to six months, we visit the home regularly for at least one hour to facilitate bonding activities with the entire family and guide you through individualized, intervention plans based on your family's strengths and needs. We support you between scheduled home visits to monitor progress and help implement recommendations effectively. Plus, we connect with additional service providers for holistic support.

- One home visit regularly (up to two hours) for up to six months
- Ongoing strengths and needs assessments
- Unlimited phone/email check-ins between scheduled home visits
- Connections to additional service providers and resources

We know every family is special, so we provide different services for different needs. Pick one or a combo. Services are free of charge through the support of our generous community.

Contact us to learn which plan is right for your family: TaylorG@fostervillageaustin.org